Rush-Henrietta Central School District Henry V. Burger Junior High School 639 Erie Station Road West Henrietta, N.Y. 14586

Burger Junior High School



2019 Newsletter

Important Contact Information

Mr. Greg Lane, Principal	359-5308
Mrs. Alecia Alley, Assistant Principal	359-5314
Mr. James Nuñez, Assistant Principal	359-5309
Attendance Line	359-5301
Main Office	359-5300
Health Office	359-5313
Counseling Center	359-5320
Burger Parent Group rveneziano@gmail.com	444-0055 or
District Administration	359-5000

Please call the attendance line when your child will be absent or late from school.

For daily announcements and activity updates, please visit our Burger community website at wwww.rhnet.org/burger.

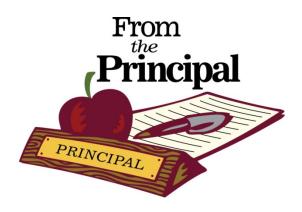
Upcoming Events

June 3 7th Grade Spring Concert, 7 p.m	1.
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June 6	Student-Staff Kickball Game, 6 p.m.
	(Rain Date, 6/12)

June 13	Academic Champions Ceremony
	3 - 4 p.m.





Burger Families,

As quickly as the new year comes, it ends. That means it is time to say goodbye to the class of 2022. This group of students has spent four years here at Burger. All I can say is that it has been a wonderful run. Together as a learning community, we have shared so many memories with our students, their families, and our staff over the years. We wish them all well in the future and look forward to hearing all of the wonderful things they will go on to accomplish at the Senior High School and beyond. Their wit and wisdom will always resonate in the halls and classrooms at Burger Junior High School.

In just three short months, we will welcome our incoming seventh graders to Burger Junior High School. We hope that many of our seventh graders new to us next year will be able to make the student orientation program scheduled for August 27, 2019. All students and their families will receive more information about this awesome event over the summer. Just make sure to mark that day on your calendar. I can assure you that Burger is a wonderful place to be, and I look forward to helping our new students and their parents transition to junior high school. Please feel free to call my office at 359-5308 or email me at glane@rhnet.org with any questions you may have. I can be reached at school all summer long.

On behalf of the entire staff, I want to say thank you for your ongoing support this year. I hope you have found your experience with Burger JHS this year to be a positive one. We take great pride in our school and our commitment to our students. I wish you and your student a safe and enjoyable summer.

Fondly,

Greg Lane

P.S. Please see the End of Year Schedule/Final Exam Schedule in this month's newsletter. It is very important. As always, if you have any questions, please give us a call.



Burger Team of Professionals

Greg Lane **Principal** glane@rhnet.org Assistant Principal Alicia Alley aalley@rhnet.org James Nuñez Assistant Principal inunez@rhnet.org **Counselors** Lisa Hawkes, Grade 7 lhawkes@rhnet.org Chad Weisensel, Grade 8 cweisensel@rhnet.org Mike Neary, Grade 9 mneary@rhnet.org School Nurse Sonia Witzel switzel@rhnet.org School Psychologist Julie Sullivan jsullivan@rhnet.org

Social Workers

Tricia Kilbourn

Sharon Maysick

Smaysick@rhnet.org

ELA

Marice Bennett (ELA 7) – mbennett@rhnet.org Ami DiGiulio (ELA 9) – adigiulio@rhnet.org Doug Forken (ELA 8/9) – dforken@rhnet.org Gina Petschke (ELA 8) – gpetschke@rhnet.org Jessica Prinzing (ELA 7) – jprinzing@rhnet.org

MATH

Kathaleen Bitter (Algebra/Math 8) – kbitter@rhnet.org
Michael Burke (AIS/Geometry) – mburke@rhnet.org
Kevin Coe (Math 7) – kcoe@rhnet.org
Jake Falci (Algebra) – jfalci@rhnet.org
Betsy Spanagel (AIS) – bspanagel@rhnet.org
Karyn Stockmaster (Math 7) – kstockmaster@rhnet.org
Gretchen Traugott (High School Prep/Math 8) – gtraugott@rhnet.org

SCIENCE

Stacy Bement (Science 7) – sbement@rhnet.org
Keith Butler (Earth Science) – kbutler@rhnet.org
Monica Carmichael (Prin. of Bio. Med./Biology) – mcarmichael@rhnet.org
Michelle Curtin (Biology) – mcurtin@rhnet.org
George Smith (Science 7) – gsmith@rhnet.org
Christopher White (Earth Science) – cwhite@rhnet.org

SOCIAL STUDIES

Dave Baumgartner (Global 9/Social Studies 8) – <u>dbaumgartner@rhnet.org</u>
Suzanne Blue (Social Studies 7) – <u>sblue@rhnet.org</u>
Aria Goodberlet (Social Studies 8/World History Pre-AP) – <u>agoodberlet@rhnet.org</u>
Linda Kleeman (Global) – <u>lkleeman@rhnet.org</u>
Elizabeth Loftus (Global/World History/Pre-AP) – <u>eloftus@rhnet.org</u>
Jenaye Tyno (Social Studies 7) – <u>ityno@rhnet.org</u>

Encore Teachers

<u>Art</u>

JoLyn Donlon – <u>jkdonlon@rhnet.org</u> Julie Flisnik – <u>jflisnik@rhnet.org</u> John Newman – <u>jnewman@rhnet.org</u>

Business

Jon DelVecchio – <u>jdelvecchio@rhnet.org</u> John Socha – <u>jsocha@rhnet.org</u>

Cafeteria

Maureen Giroux - mgiroux@rhnet.org

Custodian

Tom DeMersman – tdemersman@rhnet.org

ELA Coach

Ivan Spanagel — <u>ispanagel@rhnet.org</u>

ELL

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Health

Christopher McDonald – <u>cmcdonald@rhnet.org</u> Jodi McNamara – <u>jmcnamara@rhnet.org</u>

Home & Careers

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Library

Laura Reed – lreed@rhnet.org

Life Skills

Kelly Flaitz – <u>kflaitz@rhnet.org</u> Jennifer Markham – <u>jmarkham@rhnet.org</u>

Literacy Specialists

Jennifer Bosco – <u>jbosco@rhnet.org</u> Amy Warner – <u>awarner@rhnet.org</u> Nancy Yochum – <u>nyochum@rhnet.org</u>

LOTE

Holly Carges – Spanish – hgiacalone@rhnet.org
Kristen Guthrie – Spanish – kguthrie@rhnet.org
Colleen Jones-Bingham – ASL – cjonesbingham@rhnet.org
Thomas Ohl – ASL – tohl@rhnet.org
Elizabeth Snyder – German – esnyder@rhnet.org
Nicole Sprague – French – nsprague@rhnet.org

Math Coach

Kim Glanton – kglanton@rhnet.org.

Music

Geoff Jones – Instrumental – <u>gjones@rhnet.org</u>
Michele McCall – Vocal – <u>mmccall@rhnet.org</u>
Kate Rolland – Instrumental – <u>krolland@rhnet.org</u>
Lauren Rubin – Instrumental – <u>lrubin@rhnet.org</u>
Allison Smith – Vocal – <u>adainssmith@rhnet.org</u>

Occupational Therapy

Megan Cornman — mcornman@rhnet.org

Physical Education

Jeffrey Hydock – <u>jhydock@rhnet.org</u> Kim Swaisgood – <u>kswaisgood@rhnet.org</u> Larry Swan – <u>lswan@rhnet.org</u>

Special Education

Megan Anthony – manthony@rhnet.org
Jillian Charcholla – jcharcholla@rhnet.org
Michael Hohman – mhohman@rhnet.org
Crystal Laughlin – claughlin@rhnet.org
Natalie Matteson – nmatteson@rhnet.org
Amanda Richards – arichards@rhnet.org

Speech

Caitlin Magiera - cmagiera@rhnet.org

Technology

Will Davis – <u>wdavis@rhnet.org</u> Steve Jones – <u>sjones@rhnet.org</u> Charlie Meyer – <u>cmeyer@rhnet.org</u>



Burger Jr. High 8th grader Gabrielle Richards Advances to NY State Finals In the National Geographic Bee

The National Geographic Society has been coordinating the National Geographic Bee for over 30 years. Burger Jr. High has been a proud participant for 26 of those years. This year, all students in grades seven and eight participated in the bee in their social

studies classrooms. Classroom winners emerged and competed for grade level winners. These winners then went on to the top 10 semi-finals, which culminated in a championship round. Burger 8th grader Gabrielle Richards won our school championship, and went on to take the one-hour online exam to qualify for states. The qualifying exam is taken by all school champions across New York. The test narrows it down to the top 100 of all of these students. These top 100 compete at the New York State Museum in Albany. Gabrielle advanced to the state competition as one of the top 100 geography students in New York! Gabrielle is one of only nine students in the 26-year history of Burger Jr. High to have made it to the state championships of the National Geographic Bee. We appreciate her dedication and her family's support for



her participation in this rigorous academic competition. We are proud of you!



Eating Disorder Awareness What Parents and Educators Need to Know

Eating Disorders are a very serious

issue globally. They are not a fad, phase or lifestyle choice. They are potentially lifethreatening conditions affecting every aspect of the person's functioning. The mindset of eating disorders can start as young as five years old that affect both boys and girls. If they can be diagnosed early on then there are treatable with a variety of solutions. It is important for parents and educators to know the signs and symptoms of eating disorders so that children can get help earlier on.

It is important to note that symptoms may vary between males and females and in age groups. Often younger people struggling with an eating disorder may either not know they have it or may keep it a secret. Eating disorders can be diagnosed based on weight changes, but also based on behaviors, attitudes and mindset. Be alert for any of these signs in your child.

After reviewing the information below, if you think your child may be showing signs of a possible eating disorder, please contact your primary health care provider, school nurse, or the national helpline for eating disorders at 1-800-931-2237.

Key behaviors to watch for around food

- Eating a lot of food that seems out of control
- Develops food rules—may eat only a particular food or food group, cuts food into very small pieces, or spreads food out on the plate
- Talks a lot about, or focuses often, on weight, food, calories, fat grams, and dieting
- Skips meals or takes small portions of food at regular meals
- Cooks meals or treats for others but won't eat them
- · Avoids mealtimes or situations involving food
- Goes to the bathroom after meals often
- Uses a lot of mouthwash, mints, and/or gum

Key behaviors around activity

- Exercises all the time despite weather, fatigue, illness, or injury
- Stops doing their regular activities, spends more time alone

Physical symptoms

- Feels cold all the time or complains of being tired all the time.
- Likely to become more irritable and/or nervous.
- Any use of laxatives or diuretics

Mental/emotional symptoms

- Believes that they are too big or too fat
- Asks often to be reassured about how they look
- Stops hanging out with their friends

Want to learn more?

Visit the National Eating Disorder Association:

https://www.nationaleatingdisorders.org/



ARE YOU MOVING?

PRELIMINARY PLANNING FOR 2019-2020 SCHOOL YEAR

Please complete this form if you know that your child will <u>NOT</u> be a student at Burger Junior High School next year due to moving or attending a private/parochial school. This form may be returned through your child or mailed to:

Burger Junior High School 639 Erie Station Road W. Henrietta, NY 14586 Attn: Counseling Office/Registrar

dress:	
Moving to:	
School Name:	
New Home Address:	

PLEASE RETURN BY FRIDAY, JUNE 17, 2019.

June 2019

Monday, June 17	Tuesday, June 18	Wednesday, June 19	Thursday, June 20	Friday, June 21
	Morning Bus Run	Morning Bus Run	Morning Bus Run	Morning Bus Run
	Regular Bus Pick Up Time: ONLY Grade 7 attends at this time Lunch 10:00-10:30	Regular Bus Pick Up Time: ONLY Grade 7 attends at this time Lunch 10:15-10:30	Regular Bus Pick Up Time: ONLY Grade 7 attends at this time Lunch 10:00-10:30	Regular Bus Pick Up Time: • 7th Graders ONLY • Geometry Students ONLY
Last Full Day Of	7th-grade dismissal 10:30	7th-grade dismissal 10:30	7th-grade dismissal 10:30	• Lunch 10:00-10:30
Classes For All Students	Mid Morning Bus Run	Mid Morning Bus Run	Mid Morning Bus Run Earth Science	Geometry Regents Exam 7:30-10:30
Grades 7-9	Living Environment students ONLY	Algebra students ONLY	students ONLY	(Gymnasium)
	Bus runs begin at 9:30am	Bus runs begin at 9:30am Parent drop off time: 9:40-10:30	Bus runs begin at 9:30am	Parent drop off at 7:15am
	Parent drop off time: 9:40-	·	Parent drop off time: 9:40- 10:45	Student Dismissal 10:30
	10:45	Review @ 9:45, then lunch followed by exam		Last day for 7th graders!
Student Dismissal 2:30	Review @ 9:45, then lunch followed by exam	Living Environment Regents Exam 11:30- 2:30	Review @ 9:45, then lunch followed by exam	Have a great summer!
	Algebra Regents Exam 11:30 - 2:30 (Gymnasium)	(Gymnasium) Living Environment Student Dismissal 10:45	Living Environment Regents Exam 11:30- 2:30 (Gymnasium)	NO Mid Morning Bus Run no students in attendance
	Algebra Student Dismissal 2:30		Living Environment Student Dismissal 10:45	after 10:30

Please encourage your students to spend some time preparing for these exams

Flip over for June 24 - June 26 schedule

Monday, June 24	Tuesday, June 25	Wednesday, June 26	Thursday, June 27	Friday, June 28
Morning Bus Run	Morning Bus Run	Morning Bus Run		
Regular Bus Pick Up LOTE 8 ONLY 7:15-10:30 LOTE Exam 7:45-10:30 (Gymnasium) Parent drop off at 7:15am Student Dismissal 10:30 NO Mid Morning	Regular Bus Pick Up Make Up Exams ONLY 7:15-10:30 Regents exams cannot be made up on this day. Families will be contacted in regards to students that need to attend NO Mid Morning	Bus Pick Up by Appointment Only Make Up Exams ONLY 7:15-10:30 Regents exams cannot be made up on this day. Families will be contacted in regards to students that need to attend NO Mid Morning	No School for Students Have a great summer!	No School for Students Have a great summer!
Bus Run no students in attendance after 10:30	Bus Run no students in attendance after 10:30	Bus Run no students in attendance after 10:30		



Burger Lunch Menu & Info

This institution is an equal



GET IN THE SWIM.

Spending a few hours or a day at a pool or on the beach is what summer is all about! It's fun, relaxing, and great exercise - a triple benefit for anyone's wellness! So have fun around the water this

> summer, but please wear sunscreen and BE SAFE. Whether you're swimming in a river, lake, ocean, pool, or water park, know your limitations and your ability. And don't ever swim alone.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. **WELLNESS IS A WAY OF LIFE!**

Monday, June 3

Cheese Stuffed Crust Pizza *Turkey & Cheese on Pretzel Roll

<u>Sides</u> "Hash Tag" Sweet Potato Fries **Tomato Soup** Mixed Fruit Fresh Fruit **Tossed Salad**

Tuesday, June 4

Breaded Chicken **Drumstick** Corn Bread *Tuna Salad Sub **Sides**

100% Fruit Juice Fresh Steamed Broccoli Applesauce Cup **Fantastic** Fresh Fruit **Tossed Salad**

Wednesday, June 5

"*Fajita Chicken on Loco Bread With all the **Trimmings** *Ham & Cheese on Whole Wheat **Sides**

Golden Hash Brown Patty Warm Apples Fantastic Fresh Fruit **Tossed Salad**

Thursday, June 6

*Italian Rotini Pasta Meatballs (beef) Garlic Bread *Deli (bologna) on Whole Wheat

Sides

100% Fruit Juice Tastv **Green Beans Diced Peaches** Fantastic Fresh Fruit **Tossed Salad**

Friday, June 7

*"Juicy" Cheeseburger on a Bun *Crispy French Fries *Roasted Chicken Salad Wrap

Sides

Baked Beans **Diced Pears** Fantastic Fresh Fruit **Tossed Salad**

The original value meal & still a fantastic deal!

Breakfast

Lunch

Get in touch with us today to learn more about free and reduced-price meals in our district:

Monday, June 10

Cheese **Crunchers With** Marinara Sauce *Turkey & Cheese on Loco Bread

Sides

Fresh Steamed Broccoli Mixed Fruit **Fantastic** Fresh Fruit **Tossed Salad**

Tuesday, June 11

Asian Chicken Fluffy Rice Veggie Egg Roll *Tuna Salad Sub **Sides**

100% Fruit Juice **Oriental Blend** Vegetables Mandarin Oranges Fantastic Fresh Fruit **Tossed Salad**

Wednesday, June 12

*Turkey & Ham Panini Pasta Salad *Deli (bologna) on WW

Sides Honey Glazed Carrots Warm Sliced **Apples Fantastic** Fresh Fruit **Tossed Salad**

Thursday, June 13

"Mucho Grande"

*Mexican Taco Boat (beef or pork) With Trimmings Mexican Rice *Ham & Cheese on WW Pretzel Roll

Sides

Sunshine Corn **Diced Peaches** Fantastic Fresh Fruit **Tossed Salad**

Friday, June 14

Chicken Nuggets Warm Dinner Roll Fluffy Rice *Turkey Cheddar Wrap **Sides**

Baked Beans Tomato Soup Berry Cup Fresh Fruit Tossed Salad

Available Daily Choose One

*Entrée of the Day *Sandwich of the Day, *PBJ *Cheeseburger on a Bun *Domino's Pizza *Grilled Chicken Salad Plate (may choose a fruit or vegetable) **Assorted Milk & 100% Juice** with all Purchased Meals



RANGE BUT TRUE!

"HAPPY BIRTHDAY TO YOU" IS THE MOST RECOGNIZED SONG IN THE ENGLISH LANGUAGE. BUT AT FIRST IT WASN'T EVEN A BERTHDAY SONG. IT WAS ORIGINALLY CALLED "GOOD MORNING TO ALL" AND WAS WRITTEN BY TWO KINDERGARTEN TEACHERS BECAUSE IT WAS EASY FOR LITTLE KIDS TO SING!

In the Northern Hemisphere (where <u>i+5</u>i live) enjoy A get outside daylight of any day in the year. Why

HALF FRUITS AND VEGETABLES DAIRY

What kind of magic doesit take to get PRUNES to grow on a PLUM tree?

Monday, June 17

*Pizza, Pizza, Pizza!!!! Choose from a variety Chef Choice Sandwich **Sides**

100% Fruit Juice Chef Choice Hot Veggie and Cup Fruit Fantastic Fresh Fruit **Tossed Salad**

Tuesday, June 18

Dominos Pizza and **PBJ Lunch** available

Good Luck on your exams

Wednesday, June 19

Dominos Pizza and PBJ Lunch <u>available</u>

Good Luck on your exams

Thursday, June 20

Dominos Pizza and **PBJ Lunch** available

Good Luck on your exams

Friday, June 21

Dominos Pizza and PBJ Lunch available

Good Luck on your exams

To be honest. there's absolutely no magic involved at all! Prunes are actually just dried plums, so every plum tree grows plums AND prunes!



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay healthy/food/pyramid.html

YOUR ASSIGNMENT

Have a GREAT summer! We'll see you in a few months!



PREPAYMENT OPTIONS

You may prepay for breakfast, lunch & snacks by giving the cashier Cash or Check. Or use Visa or MasterCard, credit/debit card or e-checks by calling 866-727-3053 Or log on to www.MyPaymentsPlus.com

If you need your child's Student number to set up a new account on My Payments Plus,

please call 359-5388.